

雲林茶
Cloud Forest Teas
Personally Selected by Kenneth Cohen
www.qigonghealing.com

Spring 2017
Chinese Tea Sale

Tea is a traditional, unique, and elegant gift for yourself or others. It is great for vitality and induces a state of mental calm and appreciation of life. Scientific studies document exceptional health benefits. Follow the custom of true tea connoisseurs: educate your palate by enjoying the best. The better the tea, the more layers and dimensions of taste and aroma. These are single-estate loose-leaf teas, grown on sustainable farms or picked from wild tea trees in high, misty mountains. Unlike machine cut commercial tea, fine teas are harvested by hand, at least 2,000 pickings to make one pound of tea. The quality of each leaf is carefully checked. Many teas are rolled, twisted, or folded to create a gradual release of flavor and aroma as the leaves open in the hot water.

Types of Tea Available Now

White Tea is made from a cultivar that, as it dries naturally in the air, produces a refreshing lilac aroma. *Green Tea* is dried more quickly to “seal in” the flavor, yielding a beautiful color and vegetal aroma. *Oolong Tea*—partially oxidized—has the greatest variety of flavor, from a floral “Zinfandel” to rich “Bordeaux”. *Puerh Tea* from Yunnan Province, the original home of tea, is a “drinkable antique” that gets better with age. Puerhs may be green or black, with notes ranging from musky sandalwood to peaty forest.



The Price

Because of my direct contact with merchants, farmers, and connoisseurs and a commitment to fair pricing, I am able to offer my favorite teas at a fraction of their usual cost, underselling teashops in China. **Tea orders will include details about tea preparation, Chinese tea ceremony, and storage.** Supplies are limited.

Please note that statements in this catalog have not been evaluated by the FDA and are not intended as medical advice or to prevent, diagnose, or treat disease.

WHITE TEA

Yunnan Wild White Tea. White tea is most famous in Fujian Province, but the Jing Gu region of Yunnan, the historical home of tea, also has rare, wild tea trees that produce this extraordinarily refreshing brew. Made from exquisite sun-dried tea buds that look like small flowers, the scent and taste are reminiscent of ancient pine trees with a scattering of ferns on the forest floor. Soothing to body and mind, this tea will retain its flavor for years. **150 grams (nearly 1/3 lb) \$38**

White Peony King—Superb organic white tea, directly from a small, high mountain farm in Fujian Province, thirty minutes hike from the nearest road. The tea plants are nurtured by pure mountain air and misty breezes from the nearby Pacific Ocean. Gold prize winner of the Fujian provincial white tea contest! **\$33 for ¼ lb** (sent as two 2 oz. packages. This will keep your tea fresher, or give one as a gift!)

Pao Blossom White—Superb white tea infused with pao blossoms, grown in the same organic farm described above. Pao is related to the grapefruit; the blossoms are fragrant as jasmine, only subtler and fuller in the palate. Pao is exceedingly rare, grown on only 3 to 5 square miles of land in the entire world. In Chinese medicine, it is known to remove toxicity and balance heart qi (energy). **\$45 for ¼ lb** (sent as two 2 oz. packages. This will keep your tea fresher, or give some as gifts!)

GREEN TEA

Mountain Mist Green. Also called Mist & Dew, this organic early spring tea grows at 3,600 ft. elevation in the misty mountains of Anhui. Pure, smooth, refreshing taste that reminds many of the famous Longjing (Dragon Well) green tea, but with cucumber and chestnut notes and an oolong-like hint of magnolia flowers. **¼ lb \$20**

Ancient Forest Green. The Jing Mai Mountains in southern Yunnan Province are home to an ancient organic tea forest that since the Song Dynasty has been sustainably harvested by the original Bulang and Dai tribal people. The 50 ft. wild tea trees grow amidst medicinal herbs and share their rich healing qi. Not your usual green tea, this one combines vegetal green with smoky pine and amber notes. **¼ lb \$28**

Organic Chinese Mo Cha (powdered green tea, “Matcha” in Japanese): similar to the ground tea that was most common in ancient China and mentioned in the classic of Chinese herbal medicine, the Ben Cao Gang Mu. Excellent for lei cha (pestle tea) in which powdered tea is mixed and whisked with powdered or ground nuts, seeds, and flavorings such as ginger (a kind of ancient Chinese trail food). You will need a whisk to dissolve and froth it in the water. **\$28 for ¼ lb.** (compare with Japanese Matcha at \$25-\$50/oz)

OOLONG TEA

Imperial Beauty Rare Oolong. Enchanting and seductive, this rare Taiwan Oolong owes its name to the famed Yang Guifei (b. 719 AD), one of the “Four Beauties of Ancient China” and highest ranked consort of Emperor Xuanzong, the famous patron of Taoism. Like Oriental beauty, the leaves are picked after the green leaf hopper insects have nibbled them to start the fermentation process. When the leaves are then crafted into oolong and roasted, the result is an aroma and taste of honey and flowering fruit trees, especially peach and lychee. The unique honey-flower taste seems to spread from the palate through the body and create a mood of tranquility and joy. This is one of those rare teas so filled with qi that it expands consciousness, as though after sitting in the absolute stillness of meditation one opens the eyes to a mist-covered mountain landscape of inexpressible beauty. **100 grams \$68.00**

Phoenix Honey Orchid. The Phoenix Teas from the Feng Huang Mountains of Guangdong Province are noted for their unique dark, toasted taste and feeling of sheer mountain cliffs. This Phoenix tea is more smooth, complex and filled with qi than any Phoenix tea I have ever tasted, The aroma, taste, and lingering aftertaste are like a mix of sandalwood perfume, exotic fruit, and a breeze blowing through a forest of blossoming peach trees. You will feel grounded and enlivened, like a deeply rooted tree opening its arms the warmth of the morning sun. **150 grams \$70**

Jade Mountain. Pure Mountain Qi (Life Force). From Jade Mountain, which at more than 12,000 ft. is the highest mountain in Taiwan. The rich greenery makes the mountain shine like precious jade. Sourced from a Taoist Tea Master who, with her daughters, carefully harvests and crafts this exceptional tea. When you drink this tea, you drink the mountain: with the first steeping, you will be almost overwhelmed by the entrancing aroma of wild flowers. The second and subsequent steepings include lingering notes of pine trees, meadows, granite and refreshing mountain breezes. Exceptional Winter 2016 harvest. **150 grams \$85**

Wuyi Unique Oolong. Qi Zhong, “Surprising & Unique Variety” is a lightly roasted Cliff Tea from the majestic Wuyi Mountains, produced in small batches by a renowned tea master. A lingering after-aroma of honeysuckle and sweet almond with distant cedar forests in the background. The tea is adapted from a varietal found in the Phoenix Mountains of Guangdong. Transported to the terroir of the Wuyi Mountains (Fujian Province), you can taste the best of two of the great tea growing regions. There is a purity and high qi (energy) vibration to this Oolong, a tea that makes one happy and peaceful. **150 grams \$65**

Ben Shan Oolong (Premium Grade). From a high elevation garden in Anxi county, Fujian Province, the leaves are slightly oxidized, rolled, and briefly roasted to create a beautiful golden-green brew with a floral aroma and subtle nutty finish. Although it is an Oolong, this particular cultivar has less caffeine content than green or white tea. **\$50 for ¼ lb.** or \$90 for ½ lb (in two ¼ lb. bags)

TIE GUANYIN OOLONG

Tie Guanyin is the most famous banquet tea used to honor and inspire special guests (or oneself), with a flavor ranging from floral to smoky. In ancient times, a poor farmer found an abandoned temple with a beautiful iron (*tie*) statue of the Goddess of Compassion (Guanyin) enshrined on its altar. He began making regular trips to the temple to fix it up, offering flowers, incense and prayer. One day, a year later, Guanyin appeared to him in a dream and said that to reward the farmer for his piety, she would give him a precious treasure the next day. Following her dream instructions, he discovered a rare tea plant with an amazing, blissful taste.

Cloud Forest Tie Guanyin. 2016 Winter harvest. The tranquility of a tropical forest drifting in and out of the morning mist. Spring teas are like a young person, full of energy, leaving a strong first impression. Winter teas are mature, slow growing, and their influence is longer lasting. This tea is grown according to the specifications of Master Zhang, who brought the first Tie Guanyin seeds from Fujian Province to Muzha, Taiwan during the late Qing Dynasty. I purchased this tea directly from his grandson. A direct link with generations of tea masters going all the way back to the dream and inspiration of Guan Yin. In Taiwan's National Oolong Contest, this tea artist won 1st, 2nd, and 3rd place for his various varieties of Tie Guanyin. This is a great price for the 2nd place winner (1st place is 3X the price!) **150 grams \$95**

Honey Aroma Aged Tie Guanyin. Autumn 2013. In that unusually warm autumn, the green leaf hoppers played among the tea leaves and, to everyone's surprise, brought out a new flavor and feeling in this classical Tie Guanyin. The leaves are exceptionally soft to the touch and easily release their full flavor starting with the second steeping. After you drink the hot tea, immediately smell the dry cup and prepare for a journey to a realm where Buddha is meditating among wildflowers and the scent of honeycombs is wafting from distant mountains. Sourced from the grandson of Master Zhang, as above. **150 grams \$65.**

Tie Guanyin 30% Roasted Oolong. This 30% roasted Tie Guanyin from Taiwan has a honey-like aftertaste, with the richness only found with old style charcoal roasting. **150 grams \$65**

Tie Guanyin 50% Roasted Oolong. The same tea as above, but roasted until the leaf is darker, fuller bodied. The taste expands, filling the palate with flavor and aroma. Retains its unique taste through multiple steepings. **150 grams \$70**

PUERH TEA FROM YUNNAN PROVINCE

Puerh Tea can be green (sheng) or the darker oxidized/ripe (shu). As green puerh ages, it gradually turns into the darker puerh. The green is more musky and aromatic; the dark is more earthy. Some of these teas are sourced from old trees, defined as at least

100 years old. “Old” tree tea accounts for less than 4% of Yunnan Puerh Tea.

Naka Green Puerh. A rare green puerh picked in 2014 by members of the Hani Tribe in the remote mountain paradise of Naka. The verdant green hills contain many ancient and wild tea trees, ethically harvested to produce a beverage filled with mountain and forest qi. A strong tea and great afternoon pick-me-up, with an initial scent of wood freshly split for a campfire, followed an intoxicating aroma and sweetness (*hui gan*) reminiscent of honeysuckle and cherry blossoms. 100 gram cake **\$60**

Bulang Tribe Green Puerh. An exceptionally rich green puerh grown in the Mountains of Southwest Yunnan (near the Burmese border), in an area where the tea trees average 200 years old. Picked by members of the Hani and Bulang tribes in the winter of 2015. The leaves are dried in sun and shade, so they retain their natural flavor with a balance of yang and yin. Earthy, sweet, sandalwood notes and slightly astringent edge on the initial steeping, like drinking the qi of a tropical forest. Many people prefer winter pickings, as the trees grow more slowly and have a longer lasting, mature flavor. 357 grams compressed cake, **\$125** (This is an exceptional price. Compare the now sold out Bulang 100 gram cakes at \$60 each.)

Yi Wu Mountain 12 Year Aged Wild Old Tree Puerh. Initial aroma of tree bark and stone, followed by a subtle sweetness (*hui gan*) that may include hints of licorice or sandalwood. The brewed tea is a red amber color. This vintage tea has been carefully aged, wrapped in bamboo leaves, so that now, after more than a decade it is a mature, extraordinarily smooth puerh. Each teacake is handcrafted with slightly different notes, ranging from intoxicating musk to earthy mushroom. (Technical Note: Picked in 2004, some of these teacakes have the complexity of green *sheng* puerh, some have oxidized into mature dark *shu* perh.) Yi Wu is one of the most famous tea mountains of Yunnan Province; tea grows at an elevation of between 2,600 to 6,500 ft. Traditional stone pressed tea cake: 357 grams. **\$125**

Wu Liang Mountain Sheng Puerh. A loose-leaf green puerh from 2008, slightly smoky and fruity, followed by a very smooth blend of orchid flower and autumn forest notes. The aroma is most apparent and entrancing in the hot cup just after finishing the tea. **¼ lb. for \$30**

Tea Tree Aged Puerh. Classic dark (*shu*) loose leaf Puerh. Puerh is an acquired taste, but if you are ever going to acquire it, try this one! Like tasting the earth, smooth with charcoal campfire notes. Puerh gets better (and more expensive) with age. An early 20th century Puerh recently sold in Hong Kong for more than \$200,000. U.S. This one consists of large leaves picked from tall, mature tea trees in 1996. **\$30 for ¼ lb.** \$50 for ½ lb. (in two ¼ lb. bags)

Lancang Mountain 1996 Puerh. Another classic dark (*shu*) loose leaf Puerh. Large leaves, earthy, but more vegetal and mossy than the Tea Tree Aged. The Lancang Mountains border China’s longest north to south river, the Lancang River, which originates in the China-Tibet Plateau and is home to more than 10 ethnic minorities. **\$35 for ¼ lb.** \$60 for ½ lb. (in two ¼ lb. bags)

Liu An Bamboo Basket. In a class by itself, some people consider this a hei cha (dark tea) even though it is crafted like a Puerh. Picked in Anhui Province in 2006, this spectacular tea has been aged in a bamboo basket covered with bamboo leaves. The taste is a cross between a green tea and a roasted oolong tea, with bamboo fragrance in the background. Liu An Tea was a favorite medicinal tonic during the Ming Dynasty. Woodsy, expansive, and smooth, with a honeycomb aroma lingering in the cup. **250 gram (8.8 oz.) basket \$45**

HOW TO ORDER

First send an email with a list of the items and quantity you would like to order to info@qigonghealing.com Be sure to include your name, mailing address, and phone number. We will reply shortly to confirm that the items are in stock, the total cost, and instructions how to pay. We accept PayPal, Credit Card, and personal checks or money orders (US only).

- **Shipping Within the U.S.** By priority mail (secure and trackable): Orders up to \$70, add \$8. Orders \$70+ add \$12.
- **International, including Canada.** Airmail shipping cost varies by weight. International post is generally safe and reliable, but please note that because of varying customs regulations, we cannot be responsible for lost items.

All orders receive detailed instructions on tea preparation and storage. Prices and availability are subject to change. If we cannot fill your order as requested, we will contact you to offer, according to your choice, a substitution or refund. Because U.S. law classifies tea as a food item, once ordered we cannot accept returns.

Like to arrange a **private or small group tea tasting and experience of the art and culture of tea** in the beautiful Rocky Mountains near Denver, Colorado or near San Diego, California? Email: info@qigonghealing.com Questions and Information, call 720-985-6445.

